

The **Emily Schindler Memorial Scholarship Triathlon** benefits the Emily Schindler Memorial Scholarship, which was set up in her memory.

Emily Schindler spent most of her life in the water. Joining the Severna Park Y (SPY) when she was 9 years old, she always put friendship above the competition of the sport. Emily exemplified team spirit as a swimmer on the team for 9 years. Always encouraging others to remain positive, Emily brought a smile to everyone around her. When she laughed, she laughed wholeheartedly, it was as if she had just heard the funniest joke in the world. Her blond hair shining in the sunlight reminded you of an angel.

On a snow-covered road in Garrett co. Maryland in January 2004, Emily was killed in a car accident. Immediately after her death her parents knew the best way to honor her was to establish a scholarship in her name. The scholarship is awarded annually to any graduating or past SPY swimmer that had been on the team for at least one full year. At least one scholarship in the amount of \$1000 is awarded each year. To apply for the award, the applicant must write an essay describing how swimming on the SPY team has affected their life. Applicants are judged on their essay, an interview with members of the selection committee, recommendations from the SPY coaches and need. To date, over \$20,700 has been awarded to 32 swimmers in 7 years.

If you are interested in making a tax deductible contribution to the scholarship fund, please make your contribution payable to “Emily Schindler Memorial Scholarship” and mail to:

Emily Schindler Memorial Scholarship Fund
179 Teal Drive
Pasadena, MD 21122

NEW THIS YEAR - The Flamingo Feat. The Flamingo Feat is an opportunity for previous participants in the Emily Schindler Memorial Scholarship triathlon to develop their triathlon skills and compete in a triathlon with distances approximately double the ESMS triathlon. (1 mile swim, 18 mile bike, 6 mile run)

To be eligible to compete in the Flamingo Feat, individuals must have competed in at least one of the four previous ESMS triathlons (individual or as a member of a team) AND have a swim time of 30 minutes or less for the one mile swim.

The Flamingo Feat is limited to individual participation (no teams) and will be limited to the first 25 registered participants.

Triathlon Information

When: Saturday, April 16, 2011 - 7:00 a.m. – first wave of swimmers will begin the swim
(Rain Date - Saturday, April 23, 2011 - 7:00 a.m.)
- Check website/e-mail for cancellation information)
- Event Check-In – beginning 6:00 a.m.

Pre-Event Meeting: Thursday, April 14, 2011, 6:30 p.m. (Time may change) - SPY Aquatics Center at The Severna Park Community Center

Award Ceremony: Saturday, April 16, 2011 1:30p.m – SPY Aquatics Center at The Severna Park Community Center

Event Location (parking, check-in, swim): SPY Aquatics Center at 623 Baltimore & Annapolis Blvd. Severna Park, MD 21146

Distances:

Sprint Triathlon = Swim - 800 Yards; Bike - 9 ½ miles; Run - 3 miles
Flamingo Feat = Swim - 1600 Yards; Bike - 18 miles; Run - 6 miles
(Bike and Run distances are approximations)

Registration Fees

	Individual Participant	Relay Teams*
Sprint Triathlon	\$50	\$135 – 3 person team \$90 – 2 person team
Flamingo Feat	\$60	N/A

Please make checks payable to *Emily Schindler Memorial Scholarship Fund*

***The amount payable has been adjusted for teams versus individual participation to reflect the reduced pool and award expense. .**

Relays: Consist of 2 or 3 people. Each leg needs to be completed by the person who started the leg. There can be one person for one leg and another for two or a total of three people each doing one leg. Each person needs to complete a separate registration form to participate.

Timing: In keeping with Emily’s enthusiasm for “the time she had” rather than her “swim times” we encourage everyone to enjoy their experience of a recreational triathlon. The swim, run, and transition times (the time between each leg of the event) will be posted. Times will not be posted for the bike “ride” because no one is permitted to exceed the speed limit of 15 mph. No participant will be advantaged or disadvantaged by the bike “ride”. There will be designated pathways roped off to direct you to the next leg of the triathlon. **Please stay in the path for your safety and obey all B&A Trail regulation including the 15 mph speed limit; failure to do so will result in disqualification.**